

Informed Consent Form

Anasuya Basil, NC, Dipl. ABT, CST
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To: _____
(name of client)

Welcome to my practice. As you know, I am a practitioner of nutrition and bodywork. I am not a licensed physician, nor are nutrition and bodywork services licensed by the state. My services in nutrition and bodywork are alternative or complementary to the healing arts that are licensed by the State of California. In order to use my services, California state law requires that you acknowledge receipt of the following information by checking the box at the end.

The idea behind nutrition is that foods and the nutrients found in them can be supportive of health thus enhancing quality of life and well-being. Bodywork involves hands-on techniques that support and stimulate the body's innate healing capacity.

As a practitioner of nutrition and bodywork, I can provide you with the followings kinds of services depending on your needs and requests:

- Diet and nutrition evaluation and guidance
- Non-diagnostic lab tests to determine appropriate diet and supplements
- Hands- on therapies
- Lifestyle suggestions

I have been practicing nutrition since 1999 and bodywork since 1996. My training and education includes:

- Nutrition Consultant certification, Bauman College (total 750hours) 1999-2001
- Asian Bodywork training – Acupressure Institute (total over 1000 hours) 1995-2001
- CranioSacral Therapy training – Upledger Institute (total over 500hrs) 1998-2011
- Prenatal Massage certification with Carol Osborne Sheets , 2000
- Herbal Medicine with Susan Weed, 1990-1994

I am registered as a nutrition professional with the National Association of Nutrition Professionals, (www.nanp.org) I was board certified in holistic nutrition by the Holistic Nutrition Credentialing Board in 2007.

I am also a professional member of AOBTA, American Organization for Bodywork Therapies of Asia since 1996. In 2003 I became nationally certified as a Diplomate in Asian Bodywork Therapy by NCCAOM, the same commission that certifies acupuncturists.

I passed the Upledger Institute's certification exam for CranioSbral Therapy techniques in 2005.

If you ever have any concerns about the nature of my services or our work together, please contact me right away. I recommend that you inform your medical doctor that you are receiving nutrition and bodywork services.

Acknowledgement and Consent to Receive Services:

I have read and understand the above disclosure about the health services offered by Anasuya Basil and her training and education. I have discussed with Anasuya the nature of the services to be provided. I understand that she is not a licensed physician and that the services she offers are not licensed by the state. I understand it is my responsibility to maintain a relationship for myself/my child with a medical doctor or licensed health provider. I have consented to use the services offered by Anasuya, and agree to be personally responsible for the fees of Anasuya in connection with the services provided to me.

I will provide 24-hour notice if an appointment must be missed or pay for half the missed session.

I give Anasuya permission to contact my physician or complementary health care provider.

I am here as an individual on my own behalf.

Print your name here:

Date:

Please return to me. Thank you.